

Early General News

A BLUE Knot Day morning tea, to support survivors of Child Abuse

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Daily Liberal (Dubbo)

A **BLUE Knot Day** morning tea, to support survivors of child abuse, will be held on Monday, October 27, from 11am at Interrelate in Darling Street Dubbo.

With entertainment, guest speakers and refreshments provided, the day will support the estimated five million Australian adult survivors of childhood trauma.

"**Blue Knot Day** helps to raise awareness of child abuse, tackle the stigma of child abuse, foster hope and promote recovery for survivors. Interrelate can help members of the community deal with the effects of childhood trauma and build supportive and healthy relationships that aid in their recovery," Interrelate Central West area manager Michelle McKenna said.

Interrelate is funded by the Department of Social Services to provide free support to anyone who is directly or indirectly affected by processes of the Royal Commission into Institutional Responses to Child Sexual Abuse.

Under this service, Interrelate provides information, counselling (face-to-face or phone) and assistance to engage with, and attend, the Royal Commission and receive a debrief afterwards.

The morning tea will provide an opportunity for the community to find out what support is available for people who have been affected by child abuse.

Call Interrelate on 02 6815 9650 for more information.