



BLUEKNOTDAY

28 OCTOBER 2019

dear _____

Please join me in raising awareness for the more than 1 in 4 adult survivors of complex trauma.

Host: _____ Enter your name

Where: _____ Enter event location

Date: _____ Enter event date

Time: _____ Enter event time

Details: _____ Enter further event details

RSVP BY: _____ Enter your RSVP date

Contact: _____ Enter your RSVP contact details

We're raising money to help fund the Blue Knot Helpline so that their telephone counsellors can provide specialist support to adult survivors of complex trauma



blue knot
foundation

National Centre of Excellence
for Complex Trauma

blueknot.org.au

#EmpowermentRecoveryResilience
#BlueKnotDay