



**blue knot
foundation**

National Centre of Excellence
for Complex Trauma




BLUEKNOTDAY
28 OCTOBER 2019

THANK YOU!

Your support helps us support the more than
1 in 4 adult survivors of complex trauma.

UNTANGLE THE KNOT OF COMPLEX TRAUMA

blueknot.org.au

#EmpowermentRecoveryResilience

#BlueKnotDay