



*Dr Cathy Kezelman - ASCA President*

## **WELCOME . . .**

This Spring edition of eHealth brings BIG news: the release of ASCA's Practice Guidelines for Treatment of Complex Trauma and Trauma Informed Care and Service Delivery. The much lauded Guidelines, funded by the Federal Department of Health and Ageing are now available for download at [www.asca.org.au/guidelines](http://www.asca.org.au/guidelines). You can read excerpts of the Guidelines in this bulletin.

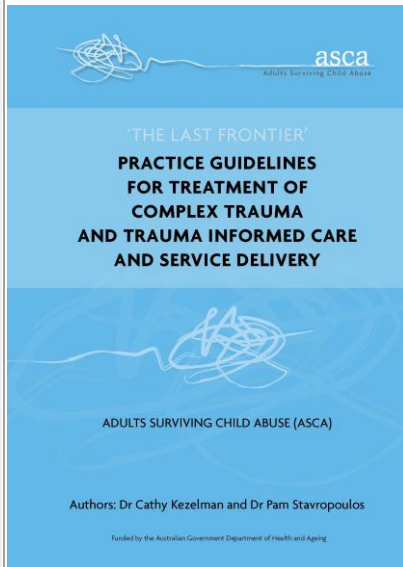
We are pleased to announce that the Minister for Mental Health, The Hon Mark Butler MP will [launch](#) the Guidelines on Blue Knot Day at Parliament House, Canberra.

Also in this issue, go behind the scenes with the **ASCA Counsellors**, get involved in [Blue Knot Day](#) (October 29), meet new expert members of our [Advisory Panel](#) and find out more about our workshops for yourself, your clients and your organisation.



## **ASCA Initiatives Revolutionise Possibilities for Recovery**

Recent initiatives by ASCA revolutionise possibilities for recovery for the large numbers of people who have experienced "complex trauma" - child abuse in all forms, neglect, family and community violence and other adverse childhood events. [> more](#)



**DOWNLOAD** ASCA's *Practice Guidelines* > [click here](#)

## Practice Guidelines Launched

After many months of research, consultation, reviews and endorsements, ASCA is delighted to release its [Practice Guidelines for Treatment of Complex Trauma and Trauma Informed Care and Service Delivery](#).

Co-authored by Dr Cathy Kezelman, ASCA President and Dr Pam Stavropoulos, Consultant in Clinical Research, and funded by the Federal Department of Health and Ageing (DoHA), the Guidelines received critical acclaim – even before publication. [> more](#)

- Read the Guidelines' Executive Summary by Dr Cathy Kezelman. [> more](#)
- Read the Guidelines' Introduction by Dr Pam Stavropoulos. [> more](#)
- Read about the Purpose and Intended Audience of the Guidelines. [> more](#)

**STOP PRESS!** The Hon. Mark Butler MP will launch ASCA's Practice Guidelines at Blue Knot Day event in Parliament House Canberra 12.30-1.30 on Monday October 29th [> more](#)

## BLUE KNOT DAY - 29 OCT

Someone You Know?

[www.asca.org.au/blueknotday](http://www.asca.org.au/blueknotday)




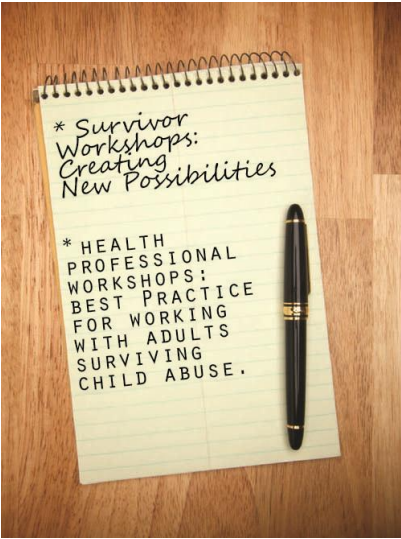

[www.asca.org.au/blueknotday](http://www.asca.org.au/blueknotday)

[www.givenow.com.au/blueknotday](http://www.givenow.com.au/blueknotday)

ASCA's national awareness day, Blue Knot Day, is only a few short weeks away. On Blue Knot Day, ASCA asks all Australians to unite in support of the estimated 4-5 million Australian adults who have experienced some form of childhood trauma. Events and fundraising will be held around the country.

This Blue Knot Day we are seeking your help so we can continue our vital work. ASCA does not receive any core or recurrent funding and needs your support.

Please [DONATE](#) with a once off donation or become a regular donor.

	<p>Support ASCA's work to improve the lives of Australian adult survivors of childhood trauma</p> <p><a href="#">&gt; more</a></p>
	<p><b><a href="#">NEW ASCA Advisory Panel Members</a></b></p> <p>We are pleased to add the expertise of Dr Jan Resnick and Dr Joanna Lynch to our Advisory Panel. <a href="#">&gt; more</a></p>
 <p><a href="http://www.asca.org.au/workshops">www.asca.org.au/workshops</a></p>	<p><b><a href="#">ASCA Workshops</a></b></p> <p>ASCA currently offers the following workshops:</p> <ul style="list-style-type: none"> <li>- <b>Half day workshops for survivors</b> - Creating New Possibilities</li> <li>- <b>One day workshops for health professionals</b> - Working with adult survivors of complex trauma</li> <li>- <b>One day workshops for community workers</b> - A trauma informed approach to care</li> <li>- <b>In-house workshops</b> on request - Trauma informed training and/or professional development for working with adult survivors of complex trauma <a href="#">&gt; more</a></li> </ul> <p><a href="#">Workshops Schedule &gt; more</a></p> <p>All workshop material is drawn from ASCA's <a href="#">Practice Guidelines for Treatment of Complex Trauma and Trauma Informed Care and Service Delivery</a>.</p>
 <p><b>1300</b> web page <a href="#">here</a></p>	<p><b><a href="#">ASCA's Professional Support Line</a></b> <b>1300 657 380</b></p> <p>Meet our team of professional counsellors who offer:</p> <ul style="list-style-type: none"> <li>- short term professional counselling support, information</li> <li>- education and referral for adult survivors</li> <li>- information, advice and support to supporters; and</li> <li>- information, de-briefing and support to health professionals.</li> </ul> <p><a href="#">&gt; more</a></p>

